edSb LTD
Health & Wellbeing

SUPPORTING PROSTATE CANCER UK

Mental Health & Wellbeing: Prostate Cancer Awareness

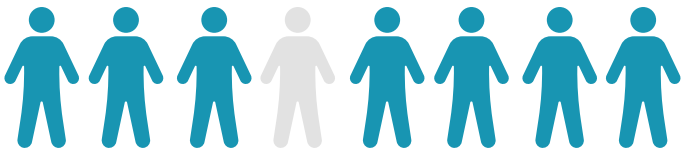


Encouraging conversations, supporting wellbeing

EDSB Compliance Solutions believes that raising awareness of men's health is an important step towards making a difference. Prostate cancer is one of the most common cancers affecting men. Understanding the signs and symptoms as well as encouraging people to seek medical advice are important steps towards protecting our health and wellbeing.

DID YOU KNOW?

1 in 8 men in the UK will develop prostate cancer during their lifetime. For Black men, this increases to 1 in 4. Prostate cancer does not always cause noticeable symptoms in its early stages. Knowing your risk and seeking medical advice if you have concerns can make a difference.



Understand the signs:

- Difficulty passing urine or a weak urine flow
- Needing to urinate more frequently, especially at night
- Blood in the urine
- Persistent pain in the back, hips or pelvis

Together, we can raise awareness, challenge stigma and encourage everyone to take an active role in their health & wellbeing. For more reliable information and support, you can visit:

Prostate Cancer UK: CLICK HERE **NHS: CLICK HERE**

At EDSB, we're committed to supporting awareness and encouraging conversations that promote health and wellbeing. Find out more about us at **edsb.co.uk**

#OneTeam